

# Ulverston Canoe Club

## October Newsletter

It's been a busy summer paddling seeing many of our members on the water exploring NW Scotland, Orkney Isles, Shetland, Cornwall, North Wales, Norfolk Broads, Summer Isles and the Outer Hebrides as well as our local waters. Thank you to those of you who shared some amazing photos of your trips via the Facebook Group - there are far too many to share here!



Congratulations to Chris Jewell who is the first member to gain the new British Canoeing Sea Kayak award through the club. Thank you to the members who joined his assessment paddle and well done Chris!



On Friday and Saturday this week the Club had Dan Wilkinson deliver the British Canoeing certified Foundation Safety and Rescue Training at Fell Foot. We had two excellent laughter filled days by, on and in the water.



Due to the high demand for places we are running this course again on Saturday 16th October for both members and our Facebook friends. There are still places available; email the club for further information.



In addition to the full FSRT course, quite a few members have asked for capsizing and rescue practice while the water is still warm (ish!). Sunday 17th October is another day for getting wet - see the calendar or email the club for info.

Over the next few weeks, in addition to the 'getting wet' activities, we have lake paddles, canal trips, Halloween and Bonfire night dusk paddles in the calendar. Sea trips (day and camping) are also being planned - keep an eye on the Club calendar via this link:

<https://www.ulverstoncc.org/calendar.html>

Also watch out for info about the Halloween event in your inbox...



A timely reminder, with winter on the horizon, if you are experiencing any Covid19 or flu symptoms, please do not attend club events as per our Covid Risk Assessment,

[https://www.ulverstoncc.org/uploads/1/2/2/9/122910638/covid\\_ra\\_v3.pdf](https://www.ulverstoncc.org/uploads/1/2/2/9/122910638/covid_ra_v3.pdf)

At this time of year it is likely that we'll be making more use of the Active Base, Fell Foot given the heated changing rooms and better access to the Clubhouse and hot drinks available to members on club trips. In order to make life less burdensome for our trip Leaders, minimise handling cash and to streamline the process of paying fees to the National Trust for the use of these facilities, we will be requesting those joining club trips from the Active Base pre-pay the £5 club levy in advance by BACS. Thank you for your understanding in not placing the burden of chasing payment onto the Club leaders.

Thinking of the New Year, the club will be holding the AGM late January and we look forward to returning to an in-person, social event. Please let us know if you have any suggestions for a guest speaker.