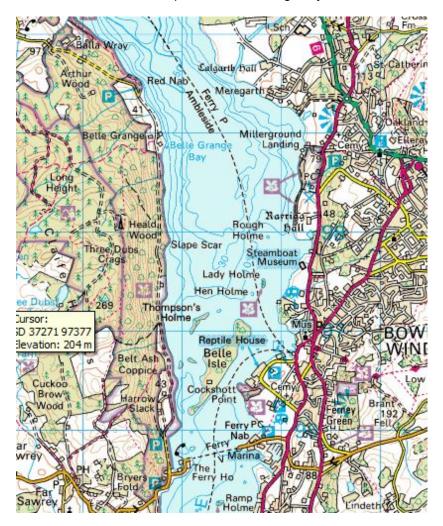
Risk Assessment Supporting Note - Bowness / Millerground, Windermere

Car park at SD 404986 or layby above Millerground Bay both with easy lake access (gently shelving beach) but long carry from layby. Toilets and change-rooms at WOAC (privately owned).

Lots of open areas for warm-ups and trees for anchors if required (rescue practice) Good venue in westerly winds, exposed to all other wind directions but there are options to egress on west shore (north of the Ferry landing to Red Nab) and at Bowness Bay south of the landings. Other sections of lake shore are privately owned and should not be accessed without permission of the owner. Thompson's Holme is regularly used without challenge.



O2 mobile phone coverage is good to fair; there is a landline at WOAC if the office is available and at many businesses in Bowness.

Windermere Health Centre, Goodley Dale, Windermere LA23 2EG - Phone 015394 45159 **Royal Lancaster Infirmary**, Ashton Rd, Lancaster LA1 4RP - Phone 01524 65944